

Website Disclaimer

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General Information

The information provided on the Boundless Body and Wellness website, including blog articles, educational materials, social media content, workshops, and other resources offered by Amber Stevens, LLC, is intended for general informational and educational purposes. Although reasonable efforts are made to provide accurate and useful information, no guarantee is made that all information is complete, current, or applicable to every individual.

NOTE: By using this website, or purchasing any of Amber Stevens, LLC's programs and services, you are voluntarily agreeing to this Disclaimer and you are legally agreeing that you have read, understood and fully consent to the terms below. You are responsible for how you interpret and apply the information provided. Information on this website is not a substitute for individualized professional guidance appropriate to your circumstances.

Health and Wellness Information

Content related to health, wellness, nutrition, mindful eating, emotional eating, stress management, sleep, and other wellness topics is provided for educational purposes. It is not intended to diagnose, treat, cure, or prevent any medical condition, nor is it a substitute for medical advice, diagnosis, or treatment from a qualified healthcare professional.

Amber Stevens, LLC does not provide medical diagnosis or treatment through website content, educational resources, or health and wellness coaching. Coaching is intended to support personal awareness, behavior change, goal setting, and the development of skills that may support overall well-being. Coaching does not replace medical care, mental health treatment, or other professional services outside the coach's scope of practice.

Always seek the advice of an appropriately qualified healthcare professional regarding medical questions or concerns. Do not disregard professional medical advice or delay seeking care because of information obtained from this website. Do not use this website or its communication channels for medical emergencies.

Massage Therapy Services

Massage therapy services offered through Boundless Body and Wellness are separate from general website education and health and wellness coaching. Massage therapy is provided within the practitioner's professional scope of practice and is subject to applicable service-specific policies, informed consent, and other requirements.

Website content does not replace an individualized assessment or communication with your massage therapist about relevant health information, concerns, or questions before receiving services.

No Guarantee of Results

Individual experiences and outcomes from coaching, massage therapy, educational programs, and other services vary. No particular outcome is promised or guaranteed. Testimonials and examples reflect the experiences described and should not be interpreted as a promise that others will achieve the same results.

Testimonials and other promotional statements are presented subject to applicable advertising and consumer protection requirements. Individual experiences do not establish that a particular result is typical or guaranteed.

Third-Party Websites and Resources

This website may contain links to third-party websites, businesses, products, services, or resources. These links are provided for convenience or informational purposes and do not necessarily constitute an endorsement by Amber Stevens, LLC. We do not control third-party websites or their content, privacy practices, or terms. You are responsible for evaluating third-party information before relying on it.

Limitation of Responsibility

To the extent permitted by applicable law, Amber Stevens, LLC is not responsible for decisions you make or actions you take based on general information provided through this website or its educational content. You remain responsible for seeking appropriate professional guidance and making decisions suited to your individual circumstances.

Amber Stevens does not assume responsibility for any information and advice you share from this website, blog or programs with others. You absolve Amber Stevens, LLC of any liability or loss that you or your family may incur from your or their use, or non-use, of the information and programs provided on this website.

By enrolling in, purchasing or using this website, blogs, programs and affiliated programs through Facebook and all other social media sites or events affiliated with Amber Stevens, LLC, you agree to this limit of liability and release Amber Stevens, LLC from any and all claims.

Separate Agreements and Policies

This disclaimer applies to general website content and does not replace any separate agreements, informed consent documents, privacy notices, program terms, or service-

specific policies that may apply when you purchase or participate in a service offered by Amber Stevens, LLC.

Please review any applicable terms and policies before purchasing or participating in a service.

Contact

If you have questions about this disclaimer, please contact Amber Stevens, LLC using the contact information provided on the Boundless Body and Wellness website.